knit a square

... and make a vulnerable or orphaned child warm

Free Knit Pattern

Heart Square

Pattern for use by kind permission of Christine Johnson

Show a child just how much they are loved, by rendering a heart right into their blanket square.

Materials and Tools

- Worsted weight yarn (American)/Aran (UK)/12 ply (Aus)
- 5.00mm/US 8 needles

Instructions

Cast on 33 stitches.

Rows 1-8: Knit

Row 9 and every alternate (right-side) row: Knit

Row 10: knit16, purl1, knit16

Row 12: k15, p3, k15

Row 14: k14, p5, k14

Row 16: k13, p7, k13

Row 18: k12, p9, k12

Row 20: k11, p11, k11

Row 22: k10, p13, k10

Row 24: k9, p15, k9

Row 26: k8, p17, k8

Row 28: k7, p19, k7

Row 30: k6, p21, k6

Instructions (cont'd.)

Row 32: k5, p23, k5

(if you want less pointy edges repeat Row 32 after next knit row)

Row 34: k6, p10, k1, p10, k6

Row 36: k7, p8, k3, p8, k7

Row 38: k8, p6, k5, p6, k8

Row 40: k9, p4, k7, p4, k9

Row 42: k10, p2, k9, p2, k10 (optional row, depends how pointed you want the top of heart)

Next row: knit for 9 more rows.

Cast off, leaving a 20" (50cm) tail which is used for sewing the squares together.

Finishing Instructions

Weave in all yarn ends.

Leave a 20" (50cm) tail (for sewing the squares together). Butterfly the tail to the square.

How to "butterfly the tail"

Use contrasting yarn and follow these directions:

1.
2.
3.

FOR FULL POSTAL INSTRUCTIONS, PLEASE VISIT:

knit-a-square.com/how-to-post-your-squares

POSTAL ADDRESS

Knit-a-square
Private Bag X900
Bryanston 2021
South Africa