



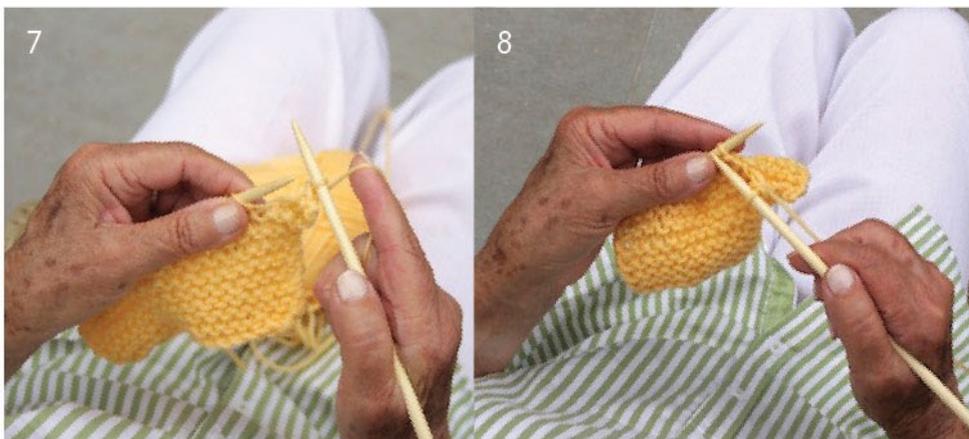
How to knit: Step 4 - CAST OFF



1. On a knit row, place the work in your left hand. You can slip a stitch (pull it onto your right hand needle without knitting it). This leaves a neat, tight edge to your cast off row.
2. Knit the next two stitches. You now have two stitches on your right hand needle.
3. Push your left hand needle into the bottom of the first stitch you knitted (second stitch on the needle) . . .



4. . . . so the stitch is hooked onto the needle tip.
5. Now gently pull this stitch up and over the first stitch on the needle . . .
6. . . . easing it toward your left hand . . .



7. . . . until it is completely over the tip of the right hand needle, and your left hand needle is released.
8. With the yarn at the back of your work, you are ready to knit another stitch, and repeat steps 3–8 until complete.

9. When you have knitted the last stitch, cut the yarn about 15 cms (6 inches), from the end of your work and thread it through the last stitch. (You need an end long enough to thread through a needle).

Draw the yarn up firmly to have the same tension as the rest of your cast off row. This will ensure that your work does not unravel.

Use a yarn sewing needle (a needle with an eye big enough through which to thread the yarn), to weave the yarn ends carefully back and forward along the row of cast on and cast off stitches. This will finish off your work neatly.