



## Knitted KASCuddle

Helen Flagg

The KASCuddle is designed to be an outer garment, like a "little sleeping bag" to be used over whatever clothing the baby might be wearing. **The size 30inches/76 centimetres in circumference; 35 inches/90 centimetres long** will make it useful for babies up to the age of 12-15 months. The 'cuff' or 'collar' can be rolled up to lay younger babies' heads on, or rolled down as the babies grow.

For our South African babies, it can be used both during the day when the baby is being carried and as a sleep sack at night, when many of these babies sleep on the ground snuggled beside their caregivers. For these little ones, the KASCuddle has the advantage of staying in place at night, unlike a blanket which can be kicked off.

These are very simple garments to make, and are much needed. Have fun with them and be as creative as you wish. We recommend that this garment be made with soft "baby friendly" yarn in a close weave such as garter stitch so there are few gaps and maximum warmth.

**Note: Because these Cuddles are meant for newborn to 15 months, it is important to follow the measurements given in the pattern. A helpful hint is to measure the circumference as well as the length when you are part way through and also when finished.**

**Please read the pattern carefully and make note of the dimensions.**

Circumference: 30 inches/76 centimetres

Length: (collar) 5 inches/13 centimetres + (body) 30 inches/76 centimetres = 35 inches/ 90 centimetres (total length)

### Materials and Equipment

*Note: The entire KASCuddle is worked with 2 strands of yarn.*

- Worsted (American), DK (UK), 8ply (Aust) yarn, 650gm (21 oz) in any combination of colours.
- One pair 9mm circular needles (size 13 US, size 00 Old UK)
- Tapestry/yarn sewing needle





## Instructions

Cast on 82 stitches using the Long Tail Cast-On.

### Collar

Row 1: Knit 2, Purl 2 across the row

Row 2: Purl 2, Knit 2 across the row

Next Row: working flat repeat rows 1 and 2 until your collar measures 5 inches /13cms from the cast-on edge

### The sleep sack

*Join the work in the round. Be sure to begin with 2 knit stitches when you join the ends of the collar. If you are presented with 2 purl stitches, knit another row of Purl 2 Knit 2.*

Once the ends of the collar are joined, continue knitting around on the circular needle until the body of the Cuddle is 30 inches/76cms long.

Bind off (cast off) your KASCuddle using your preferred method

### To make up

Sew the front and back together so the bottom is closed and flat.. Using a tapestry needle, weave in any tails of yarn and you're done.

## Variations

Note: When making colour changes, if you knit the colour change 20 stitches AFTER the front join, the colours will begin to change at the side of the cuddle and there won't be any jogs visible at the front. As the bags are so much longer now, there won't be any noticeable size difference at the end and you can still do a three-needle bind off. Since we're producing such lovely works of art, it's worth the small additional thinking.

FOR FULL POSTAL INSTRUCTIONS PLEASE VISIT:

<http://knit-a-square.com/postal.html>

POSTAL ADDRESS

Knit-a-square  
Private Bag X900  
Bryanston 2021  
South Africa