



## Heart Square

Christine Johnson

Show a child just how much they are loved, by rendering a heart right into their blanket square.



**Note: The correct needle size and recommended yarn weight must be use to create the 8 in/20 cm square.**

### Materials and Equipment

- Medium worsted yarn (US)/Aran (UK)/ 12 ply (Aust)
- One pair 5mm needles (size 8 US, size 6 Old UK)

### Instructions

Cast on 33 stitches

Rows 1-8: Knit(k)

Row 9 and every alternate (right-side) row: Knit

Row 10: knit 16, purl 1, knit 16

Row 12: k15, p3, k15

Row 14: k14, p5, k14

Row 16: k13, p7, k13

Row 18: k12, p9, k12

Row 20: k11, p11, k11

Row 22: k10, p13, k10

Row 24: k9, p15, k9

Row 26: k8, p17, k8

Row 28: k7, p19, k7

Row 30: k6, p21, k6

Row 32: k5, p23, k5

(if you want less pointy edges repeat Row 32 after next knit row)

Row 34: k6, p10, k1, p10, k6

Row 36: k7, p8, k3, p8, k7

Row 38: k8, p6, k5, p6, k8

Row 40: k9, p4, k7, p4, k9

Row 42: k10, p2, k9, p2, k10 (optional row, depends how pointed you want the top of heart)

Next row: knit for 9 more rows

Cast off / bind off. Leave a 50 cm/20" tail (for sewing the squares together).

Sew/darn in any other yarn ends along the edge of the square.

Butterfly\* the tail to the square.

*\*How to 'butterfly the tail' is as easy as 1, 2, 3 . Use contrasting yarn and follow the directions:*



## Variations

Experiment with different yarns

FOR FULL POSTAL INSTRUCTIONS PLEASE VISIT:

<http://knit-a-square.com/postal.html>

POSTAL ADDRESS

Knit-a-square  
Private Bag X900  
Bryanston 2021  
South Africa